

# Enlightenment In Five Minutes

*Presented*

*By*

*Linda Lester*

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ONE...ONE...ONE...

It's One You

It's One Me

It's Entanglement

We Are One



# Can You Feel This Love?

- This Energy We Call Love Is Melting Warmth That Can Break Down The Walls That Keep Us Separated.
- Everyone Here Tonight Is Part Of This Same Creature “Stuff” Expressing Infinity.
- You Are A Part Of The Same “Stuff” Aka Consciousness That Is Expressing Endlessness.

So  
much  
Love!



*light*

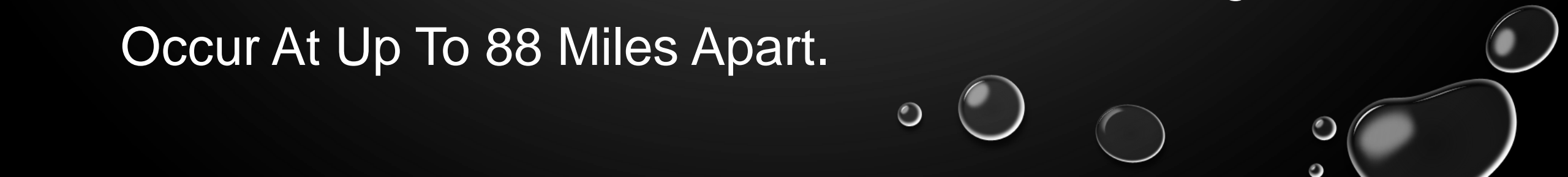
- From The Point Of Light In The Mind Of God Let Light Stream Forth Into My Mind.
- There Is Only One Point Of Light In The Mind Of God.
- We All Come From That One Point Of Light.

# What Is Quantum Entanglement

- Physicist Grad Student From The University Of Maryland, David Huckle, Explains Quantum Entanglement
- Entanglement Is The Idea That Two Things In Space Can Be One Thing.
- He Put Two Atoms In A Box And Using Lasers He Made Them Spin Faster And Faster Until They Emitted Photons.
- The Photons Crashed Into Each Other And Entangled The Atoms.



# What Is Quantum Entanglement Cont'd.

- The Two Atoms Then Became One Even Though They Were Four Feet Across From Each Other.
  - They Discovered That If They Changed One Atom In Its Own Little Box The Other Would Also Change.
  - So Far Scientists Have Been Able To Get Entanglement To Occur At Up To 88 Miles Apart.
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# What Is Quantum Entanglement Cont'd.

- In Theory You Could Fly One Atom To The Moon And The Other Atom On Earth Would Be Affected Immediately
- The Guys That Do This Research Don't Understand It
- They Just Say It's Math And It Works

# IT HAPPENS ALL THE TIME

- Quantum Entanglement Probably Happens All Of The Time.
- There Could Be One Particle Of You Right Now Entangled With A Person That You Just Passed On The Street”.
- David, “The Idea That Two Objects That Are Physically Separated Over Miles, Time And Space, And Are Still The Same Thing Is Something That Is So Foreign It Makes Me Cautious About What I Think Might Be Possible In The Future.



# It Happens All The Time Cont'd.

- This Is The Experiment That Doesn't Correspond With Anything That We Understand About The Universe
- If You Are Interested In Learning More About David's Research On Quantum Entanglement You Can Find It On  
Npr Invisabilia
- Also Check Quantum Entanglement/David Kaiser: Professor Of Physics At Massachusetts Institute Of Technology

# INTERESTING, BUT NOT THAT IMPORTANT

- The Science Part For Most Of Us Is Interesting, But Not That Important
- Science Is Nice Because It Catches Up With Spirituality
- We Have All Of These Amazing Analogies And Experiences To Try And Translate To Our Brain That Which Has Already Been Timelessly True
- Why Would We Do The Science Part If Not To Gain Deeper Spiritual Understanding Of Who We Are?
- An Experiential Understanding? Or A Visual Of Who We Are.
- What Would Be The Purpose Of Science If Not For This?

# VIDEO LINK

[HTTPS://YOUTU.BE/RP4ABIHDQPC](https://youtu.be/rp4abihdqpc)

[HTTPS://WWW.YOUTUBE.COM/WATCH?V=RP4ABIHDQPC](https://www.youtube.com/watch?v=rp4abihdqpc)

# WHERE DOES EVERYTHING MEET?

Ask Yourself This Question

- Just Imagine For A Moment That Creation Is This Unlimited Field Of Potential Experiences
- Different Experiences, Different Dreams, Different Perceptions, Or As Science Tells Us Different Configurations Of Energy Or Creations
- Here Are Unlimited Creations
- Everything That Can Exist Does Exist
- Already Timeless So



# POINT OF LIGHT

- Out Of This Field Of Infinite Experiences (Point Of Light)
- Where Would You Say That Every Experience Meet?
- What Does Every Single Experience Have In Common With Every Other
- Experience No Matter How Different Experience A Is From Experience B?
- What Does It Share? Consciousness
- What Is The One Point Of Common Contact?
- Can You See That?



# BE THE EXPERIENCE

- You Cannot Experience Creation Except Through It Being An Experience
- An Experience Does Not Exist Outside Of Consciousness
- We Have Never Had An Experience Without Consciousness.
- And We Cannot Know Consciousness Without An Experience
- Every Point In Creation Is Consciousness
- The I Am Is The “Me” In Consciousness



# AND WHAT ARE YOU?

- Are You Conscious Of What I Am Saying Right Now?
- Are You Conscious Of Me?
- Even If You Don't Focus On It, Is There An Effortless Consciousness That Recognizes That You Are Here
- I Am Here At This Moment
- You Are Here At This Moment And This Moment And This Moment Into Infinity



# CONTACT PERSON

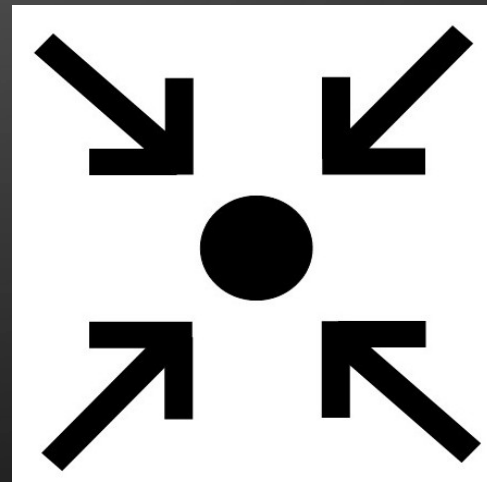
- Who Is The Contact Person In All Creation?
- It Is You. It's Me. It Is The One Being
- You Are The Individual That Is Conscious Of All That Is Consciousness
- Entanglement Is When You Realize That "True Entanglement" Is When You Realize There Is Only One Being





# ONE ONE ONE ONE

- Particles And The Science Of Oneness
  - We Can Talk About
  - However What It Means Is That At The Deepest Knowing Of That Oneness Is To Gaze At That Oneness And Know That It Is Part Of You And You Are Part Of It.
- You Are The Meeting Point.



# FEEL SAFE IN THE UNIVERSE!

- For The First Time Try To Feel Safe In The Universe!
- Because You Know You Can Experience That Which You Are A Part Of.
- No Matter What Experience You May Run Into...bad Or Good...it Is Going To Be Part Of Yourself
- If There Is Only One Being There Is No Unsafely
- There Is No Lack
- Everything That Can Be Experienced Exists
- -You Are The Meeting Point Of All Your Lifetime Experiences.



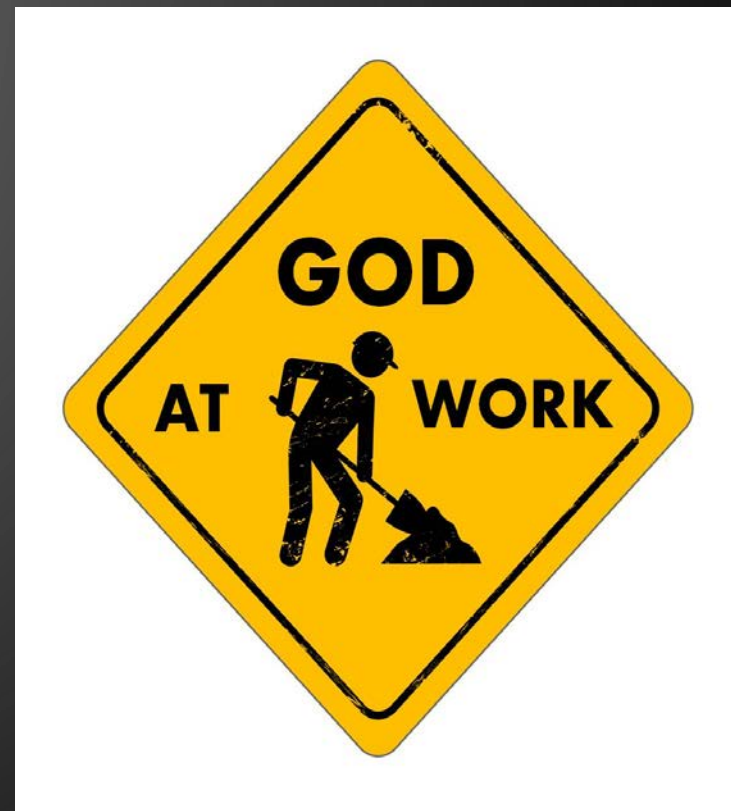
# Can You Expand This To Include The Idea?

- At This Point Of Light Everyone Is Experiencing All Points Of Light, Aka Consciousness?
- Past, Future, Space-time Reality
- Things We Don't Even Know About



# IS THERE STILL YOU

- Try To Get Into That Feeling Of Entanglement.
- Take A Deep Breath
- Let Go Of Every Thing
- Don't Claim To Know Anything
- Give Your Thoughts Back To God, To Creation



# YOU ARE AT ONE

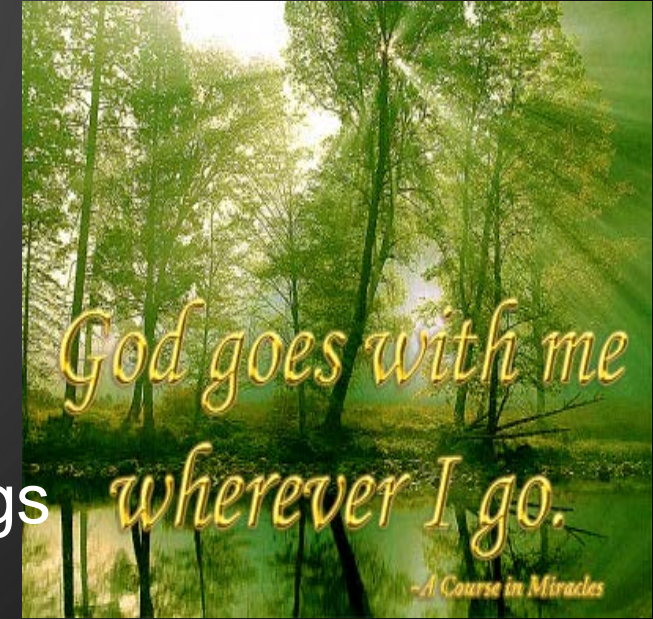
- Try To Be Empty.
- What Remains? Is There Still You?
- This Is Your Consciousness Recognizing Itself
- When You Take A Break For Two to Five Seconds, You Begin To Awaken To This Idea That You Are Inseparable From Everything

You Are At One!



## ACIM LESSON 41

- This Idea Will Eventually Overcome Completely The Sense Of Loneliness And Abandonment That Comes With The “Separated Experience”
- Deep Within You Is Everything That Is Perfect, Ready To Radiate Through You And Out To The World
- It Will Cure All Sorrow And Pain And Fear And Loss Because It Will Heal The Mind That Thought Those Things Were Real And Suffered Out Of Allegiance To Them
- You Can Never Be Deprived Of Your Perfect Holiness Because The Source Of All Joy Goes With You Wherever You Go



# Try To Enter Very Deeply Into Your Own Mind, Keeping It Clear Of Any Thoughts That Might Divert Your Attention

- Can You Feel This Room Inside Your Consciousness?
- This Is Just A Step Toward Unity
- You Feel That You Really Are The Meeting Point Of All Existence
- This Is Transcendent Of The Personal Self, Yet It Is The Personal Self. This Is Everyday Life



# There Is A Light

- At The Center Of Your Being There Is A Light
- Try To Connect With This Light
- Tap Into It
- Can You Let Your Body Break Away From This Light?
- The Way It Will Open If You Believe It Is Possible





# There Is A Light, cont'd



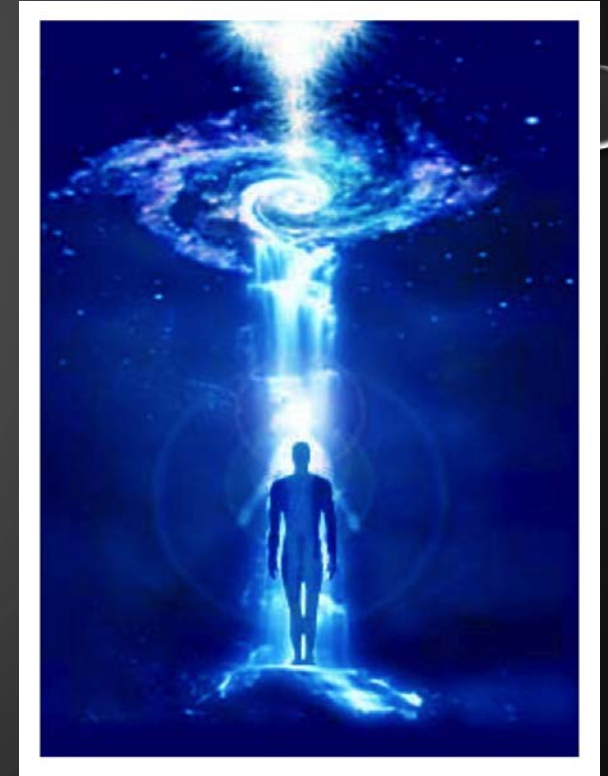
- This Exercise Can Bring Startling Results Even The First Time It Is Attempted.
- Let The Body Go
- Feel This Light Without Your Body
- From The Point Of Light In The Mind Of God
- You Are This Point

# There Is A Light, cont'd

- Light Is Liberating.
- This Light Starts Traveling
- Travel With This Light.
- This Light Is Infinite In Its Speed
- This Light Is The Creation Of All Things
- This Light Which Is One Is One Being Expressing Infinity

# There Is A Light, cont'd

- You Are At One Meeting Point With This Light.
- You Are The Single Being That Occupies Infinity.
- You Are Entangled With This Light.
- Meet Someone In This Light.
- Drop You Boundaries.
- This Light Gives You Access To A Meaning, A Deeper Meaning.
- There Is Only One Particle
- One Particle Can Communicate With Another Particle Because There Is Only One Particle



# One One One One One One

- Before You Ever Met In The Illusion Of Space Time You Were One With One. One One One
- Every Particle Is One Particle Moving At Infinite Speeds
- You And Your Brother Are One
- You Are Never Separate From What You See
- You Are Never Separate From What You Don't See
- Move Into This Oneness
- Let It Raise Your Vibration. Let It Raise Your Frequency To True Bliss

# Find Your Light In The Dark

- Let This Light Wake You Up To Your Purpose
- “Why You Are Here”?
- Don’t Waste Your Life
- Have Fun, Enjoy
- Be Ready To Engage With Life.
- Be Of Service
- Be A Particpate With This Light



# You Are The Creator Of Everything

- There Is No Lack In This Entangled Universe.
- How Could There Be Lack Of Anything When You Are The Creator Of Everything
- Because You Are The Contact Point Of All That Is
- Remember This
- Get The Idea Of Lack Out Of Your Mind
- Start Moving With The True Flow Of Light
- This Is True Even If You Don't Believe It

# You Are Never In Lack

- You Are A Point Of Light In A Point Of Light
  - There Is No Lack
  - Everything Exists
  - The Only Thing That Can't Exist Is Lack.
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# WE CREATE THE MEANING

- We Are So Afraid Of Bumping Into Ourselves
- Are You Ready To Step Outside Of Ideas That Others Think Are Right?
- Step Outside Of Those Self Created, Agreed Upon Ideas And Concepts
- We Create The Meaning
- The Universe Has No Meaning Of Its Own

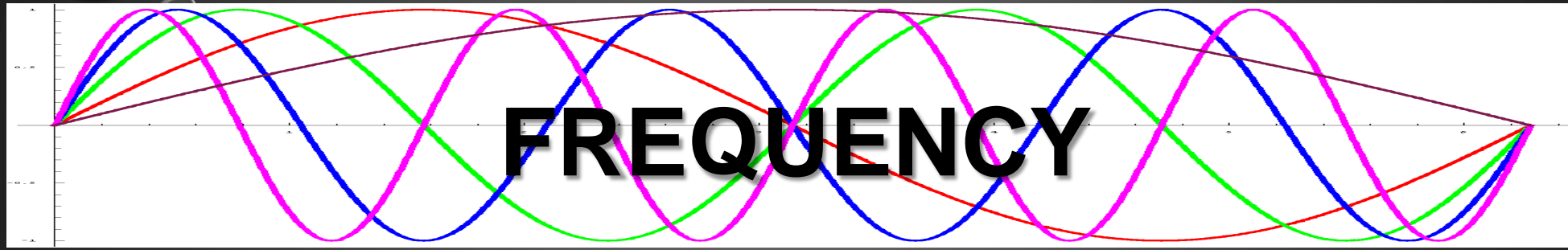




# Why Are We So Afraid Of Our Greatness?

- When We Are Afraid We Are Not Joyful
- This Is Our Greater Self-telling Us We Are Out Of Alignment With Who We Really Are
- True Awakening
- When You Step Out Of This Paradigm Of The Collective Consciousness Of Lack And Limitation, This Is True Awakening.
- Are You Willing To Step Out Of The Box That Is Man Made Or Man-agreed Upon
- When You Step Out Of This Man Made Box New Ideas Stream Into Your Mind.





- This Point Of Light Has Its Own Frequency.
- When You Are Not Aligned With This Frequency (Which Is Your True Being) You Will Feel That As Pain, Suffering, Fear.
- This Is The Only Purpose Of The Emotional Body Is To Guide You Back Into Alignment With Your Frequency That Is From The Point Of Light, That Is From The Main Source Of Light

# For Two To Five Seconds Give Away All Your Thoughts

- When You Take Break For Two To five Seconds Its Like Opening A Window In A Stuffy Room And A Fresh Cool Breeze Enters.
- If All But Loving Thoughts Have Been Forgotten What Remains?
- The Transformed Past Is Made Like The Present.
- No Longer Does The Past Conflict With The Now.



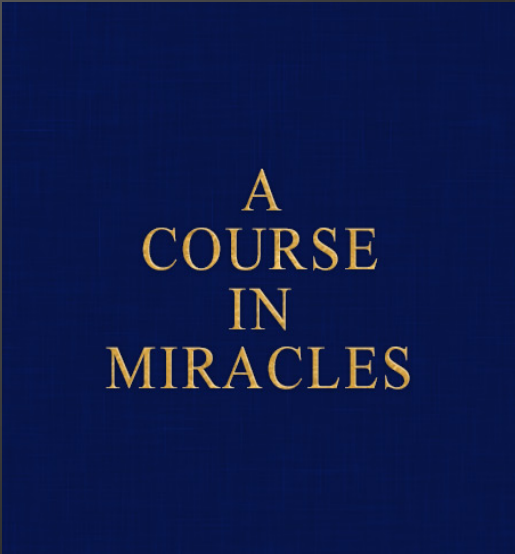
# AN EXPERIENCE THAT CAN NOT BE TAUGHT

- You Will Know From Experience, And This Has To Be An Experience It Can't Be Taught
- Wherever You Are, You Transcend All Space And Time
- You Feel That You Are The Meeting Point Of All Existence
- There Is This Thing Right In Front Of You Recognizing Itself
- When You Take A Break Your Consciousness Will Recognize Itself
- Recognize Your Natural Present State
- Enlightenment Is Just A Step. It's A Wakening Up



# SOME OF THE IDEAS OF ACIM

- ACIM Some Of The Ideas You Will Find Hard To Believe, And Others Quite Startling.
- This Does Not Matter.
- You Need Not Believe.
- You Need Not Accept.
- You Need Not Welcome Them
- But All You Are Asked To Do Is To Not Make Exceptions To The Applications



A  
COURSE  
IN  
MIRACLES



# THIS COURSE IS A BEGINNING NOT AN END

- Your Friend (The Part Of You That Knows It Is A Point Of Light In The Mind Of God) Goes With You
- You Are Not Alone
- Whatever Troubles You, Be Certain He Has The Answer And Will Gladly Give It To You, If You Will Just Ask
- He Will Not Withhold Answers That You Need For Anything That Troubles You
- You Will Be Told Exactly What God Wills For You Each Time There Is A Choice To Make

# You Do Not Walk Alone

- God's Angels Hover Near And All About
- His Love Surrounds You, And Of This You Can Be Sure; He Will Never Leave You Comfortless



